



IRON HORSE PT AND PERFORMANCE

Consent Form

I voluntarily give my permission to IRON HORSE PT AND PERFORMANCE to provide performance coaching and training consultation for performance purposes. I understand that by signing below, I am authorizing them to coach me for as long as I seek information from IRON HORSE PT AND PERFORMANCE. I will not hold members of IRON HORSE PT AND PERFORMANCE accountable for any injury caused by exercise and movements I voluntarily engaged in.

Signature of

Date